

# ALL ABOUT FOOD ALLERGY



**All about food allergy** is a free, medically-reviewed and curriculum-linked program for grades 4 to 6 that will help develop the knowledge and skills students need to support the health and well-being of self and others.



## The impact of this program: Why it's important

**Food allergy affects over 600,000 Canadian children, equivalent to 3 children in a classroom of 30.**

With a medical condition connected to food, preventing reactions and staying safe is a shared

responsibility. Yet, research shows kids with food allergy face bullying and social exclusion solely because of their medical condition, and that there are substantial gaps in the understanding and management of food allergy.

Through the "All about food allergy" program, teachers can play a pivotal role in significantly closing these gaps and empowering the next generation.

*"The knowledge and skills students gain with this program directly supports my goal to have an inclusive school environment for all students."*

*– Bonnie H., Principal*

## Cross-curricular integration: Fulfilling learning requirements

This program provides educators with a comprehensive overview of food allergy and anaphylaxis, and how to be a food allergy ally. Designed with cross-curricular integration in mind, this ready-to-use resource checks off multiple learning outcome requirements for:

- ✓ **Global Competencies**
- ✓ **Health/Wellness**
- ✓ **Science**
- ✓ **Language**
- ✓ **Drama**

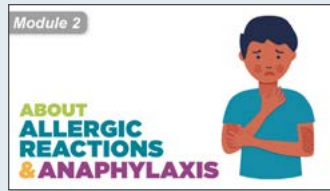
Plus, there are suggested extensions for more integrations, including **Mathematics** and **Visual Arts**.



Learn more and register at [foodallergycanada.ca/SchoolProgram](https://foodallergycanada.ca/SchoolProgram)

## All about food allergy program includes:

### Four modules/learning experiences



Modules are approximately 30 minutes in length and include learning resources and guided learning experiences

### Guides for teachers

Lesson plans and introduction to the program



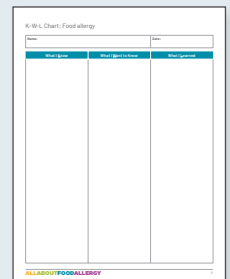
### Support activities

Instructional activities to support the learning, including culminating activities



### Pre/post assessments

K-W-L charts as the formative assessment for this program



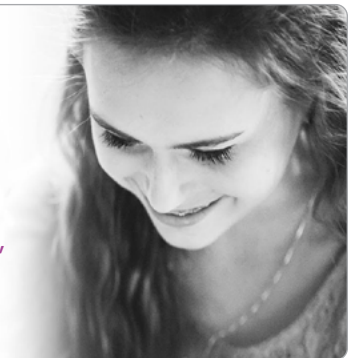
### BONUS: Win for your class!

After teaching the "All about food allergy" program, you can win a monetary award for your classroom.

### Caroline Lorette: Inspiration for this program

This program is inspired by Caroline Lorette. Caroline passed away in 2014 after accidentally eating something that had one of her allergens in it. Her family is dedicated to promoting allergy awareness and education.

*"Please know that by taking part in this program you are not only educating students, but you are also making a more inclusive environment for those with food allergies, helping them feel supported so they can manage more confidently." – Lorette family*



*"I think that once students know that they are able to save someone's life by having this kind of knowledge, and how easily it ties into all parts of our curriculum, it's a buy-in for them but it also makes me, as an educator, feel like I'm making a difference." – Connie C., Teacher*

Scan to register

Learn more and register at [foodallergycanada.ca/SchoolProgram](https://foodallergycanada.ca/SchoolProgram)