FOOD ALLERGY FACTS



More than **3**M Canadians are affected by food allergy.

The reality is...

there is no cure for food

allergenic food is required

allergy. Avoiding the

to prevent a reaction.

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Access to accurate ingredient information is essential in order to avoid potentially

191



1-in-2 Canadian

households are impacted by food allergy. **Given how prevalent food** is in our culture, it requires those impacted to rely on others to help them manage the condition and stay safe.

A small amount of an allergen, if ingested, can cause anaphylaxis a severe allergic reaction that can be life-threatening.

The severity of an allergic reaction to a food is unpredictable.



The unpredictability of reactions and reliance on



Allergic reactions to severe and be the same individual.



It's time to act!

A CARACTER AND

Now is the time to reduce the impact of food allergy and improve the quality of life for the more than 3M Canadians living with this medical condition.

Learn more at foodallergycanada.ca